



















MAY 2018



GARDENS OF MADISON ASSISTED LIVING

256.828.7400 | www.GardensOfMadison.com

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>FUN: Golf Month</p> 		<p>1 10am – outside sit seeing 2:00pm – Walking through the Gardens May Day</p>	<p>2 10:00am – Hair and Nails 1:00pm Things that go together 2:00pm – Chair exercises</p>	<p>3 10:00am – Read a book Day 1:00pm – Bingo with HG Baptist</p>	<p>4 10:00 Making bird feeders 1:00pm Bird Watching Bird Day</p> 	<p>5 Family Time 2:00pm Movie Cinco de Mayo</p> 
<p>6 10:00 Church Service National Lemonade Day</p> 	<p>7 1pm a moment in the sun (wear your sunscreen) Melanoma Monday</p> 	<p>8 10:00 am riddle me this 1pm Movie & popcorn National Have A Coke Day</p> 	<p>9 10:00am – Pretty Hair and Nails 1pm Smarty Pants</p>	<p>10 10:00 book discussing day 1pm Memory game</p>	<p>11 10:00 card games 1pm movie time</p>	<p>12 Pancake Breakfast 8-10am International Nurses Day</p>
<p>13 10:00 Church Service 2:00pm Tea HAPPY MOTHER'S DAY</p> 	<p>14 10:00 crosswords book day 1pm Bean toss National Women's Heath Week May 13-19</p>	<p>15 10am word search 1pm refreshments and bingo Chocolate Chip Day</p> 	<p>16 10:00am – Pretty Hair and Nails 1pm - Scrabble</p>	<p>17 10am stroll through the courtyard 1pm Exercise</p>	<p>18 10am bingo 1pm Movie Reese's Day</p> 	<p>19 Family Time Watch the Royal Wedding</p> 
<p>20 10:00 Church Service National Hurricane Preparedness Week</p> 	<p>21 10am Chair exercise 1pm movie popcorn</p> 	<p>22 10am Exercise 1pm Bean Toss Vanilla Pudding Day</p> 	<p>23 10am Pretty Hair and Nails 1pm Tic tac Toe</p>	<p>24 10am Arts and crafts 1pm door decorations</p>	<p>25 10am Bean toss 2pm exercise Heat Safety Day</p> 	<p>26 Family Time</p> 
<p>27 10:00 Church Service Emergency Medical Services Week</p>	<p>28 12N hot dogs and burgers on the grill MEMORIAL DAY</p> 	<p>29 10am – Reminisce and Share your photo album day</p>	<p>30 10:00am – Pretty Hair and Nails 1pm Bean toss 2pm Memory game</p>	<p>31 10am – Chair Exercise and fitness goals National Senior Health & Fitness Day</p>	<p>Health Topic: Arthritis Awareness Month</p> 	<p>Food: National Salad Month</p> 